

We're Going Back To School



Hello! My name is Laurie Luebbe and my job as the elementary counselor is to support your child so that each learner has effective and developmentally appropriate tools for communicating, making decisions and developing and maintaining friendships. I will be teaching guidance lessons throughout the grade levels, working with small groups of children with commonalities and responsive one on one counseling. I am here to offer support to you as well so that we as a team ensure a wonderful year of learning for your child. The adventure ahead is exciting, but we all may have times when we need to stop, think and develop solution strategies to face the challenges that may arise. This is a letter that I sent last year, but I wanted to share again.

As a new school year begins, we can often feel overwhelmed with all the things we “need” to do. Every parent’s list is different, but they all contain one vital ingredient...STRESS.

The most important thing you can add to your child’s
Back to School To-Do List is.... *listen*.

Don’t rush.

Don’t ask a million questions.

Don’t prepare dinner while they talk.

Just listen.

Let them tell you about where they chose to sit in the room. Let them tell you about someone new they met or a friend that is in another class. Listen as they tell you their first impressions about their teacher, and write them down to have a good chuckle at the end of the year.

Listen to their worries. Don’t try to come up with solutions for them. Listen to their excitement. Listen to their ideas and dreams. Listen to whatever it is that they want to share.

It all speeds by so fast. Just listen.

I invite you to contact me at any time: lluebbe@scis-china.org

